

## **ANALISA ARROYO**

University of Georgia | Department of Communication Studies  
617 Caldwell Hall | Athens, GA 30602  
arroyo@uga.edu

### ***Education***

Ph.D., *University of Arizona*, Communication with a minor in Family Studies and Human Development, 2013 (Advisers: Jake Harwood and Chris Segrin)  
M.A., *University of Arizona*, Communication, 2010  
B.A., *The Ohio State University*, Communication and Sociology, 2008

### ***Academic Positions***

#### *University of Georgia*

Associate Professor, Department of Communication Studies, 2019-present  
Assistant Professor, Department of Communication Studies, 2013-2019

#### *University of Arizona*

Teaching Assistant/Associate, Department of Communication, 2008-2013  
Undergraduate Internship Coordinator, Department of Communication, 2012-2013

### ***Administrative Positions***

*Graduate Coordinator*, Fall 2023-Present  
*Associate Department Head*, Fall 2022-Spring 2023  
*Interpersonal and Health Area Chair*, Fall 2017-Spring 2021; Spring 2022  
*Co-Associate Department Head*, Fall 2020-Spring 2021

### ***Affiliations***

*Institute for Women's Studies*, University of Georgia  
*Center for Health and Risk Communication*, University of Georgia  
*Obesity Research Initiative*, University of Georgia  
*Owens Institute for Behavioral Research*, University of Georgia

### ***Editorships***

*Associate Editor*, *Communication Monographs*, July 2023-Present  
*Editorial Board*, *Journal of Social and Personal Relationships*, 2021-Present  
*Editorial Board*, *Journal of Family Communication*, 2021-Present

### ***Certificates of Completion***

*Certified Body Trust® Educator/Specialist*, The Center for Body Trust, expected 2023  
*Certificate in Diversity and Inclusion*, Office of Institutional Diversity, University of Georgia, 2022  
*Certificate in College Teaching*, Office of Instruction and Assessment, University of Arizona, 2012

### ***Honors and Awards***

#### Research

*Research Grant* (\$1,800), Department of Communication Studies, University of Georgia, 2023  
*Research Grant* (\$400), Obesity Research Initiative, University of Georgia, 2023  
*Research Grant* (\$1,500), Department of Communication Studies, University of Georgia, 2020  
*Top Paper*, National Communication Association - Family Communication Division, 2019  
*Research Grant* (\$1,500), Department of Communication Studies, University of Georgia, 2018

*Top Paper*, National Communication Association - Health Communication Division, 2018  
*Research Grant* (\$1,320), Department of Communication Studies, University of Georgia, 2017  
*Research Grant* (\$5,000), Academic Affairs and Provost, University of Georgia, 2014  
*Top Paper*, National Communication Association, Health Communication Division, 2014  
*Dissertation Award* (\$1,000), Department of Communication, University of Arizona, 2012  
*Research Award* (\$1,000), Department of Communication, University of Arizona, 2012  
*Top Four Paper*, National Communication Association, Family Communication Division, 2011  
*Research Award* (\$500), Department of Communication, University of Arizona, 2011

### Teaching

*Career Center Recognition*, Contribution to Undergraduate Career Development, University of Georgia Career Center, Spring 2019, Fall 2019, Fall 2020, Fall 2021  
*Faculty Excellence Award*, Presented by Department of Communication Studies' Graduate Students, University of Georgia, 2017

### **Professional Development**

#### Research

*Selected Fellow*, Study in a Second Discipline in the School of Social Work, Selected by the Office of the Provost – University of Georgia, Fall 2022  
*Selected Fellow*, Georgia CTSA TEAMS (Clinical and Translational Science Alliance– Translational Education and Mentoring in Science), Fall 2020-Spring 2021  
*Enrolled Participant*, The Academic Woman's Writing Roadmap 6-week online course about academic publishing, [www.cathymazak.com](http://www.cathymazak.com), Summer 2018  
*Enrolled Participant*, Fixed and Random Factors in Mixed Models: What IS the Difference? Statistics Webinar by The Analysis Factor, Fall 2016  
*Enrolled Participant*, Principal Component Analysis, Online Webinar by The Analysis Factor, Fall 2016  
*Enrolled Participant*, Essentials of Survey Research Methodology, Workshop by the Carl Vinson Institute of Government's Survey Research Group, University of Georgia, Fall 2016  
*Selected Fellow*, OIBR Grantsmanship Development Program, Owens Institute for Behavioral Research, University of Georgia, 2015  
*Enrolled Participant*, Advanced Quantitative Analysis: Multilevel and Growth Curve Modeling, 15-week course by Dr. K.A.S. Wickrama from Human Development and Family Studies, University of Georgia -, Fall 2015  
*Enrolled Participant*, Modeling Individual Differences in Behavior (Multiple Regression, Structural Equation Modeling, Multilevel Modeling), 1-week workshop by the Department of Psychology, North Carolina State University, Fall 2014  
*Enrolled Participant*, Multilevel Analysis 101 with SPSS, SAS, and R, Workshop by the Owens Institute for Behavioral Research, University of Georgia, Spring 2014  
*Enrolled Participant*, GrantSMART: Workshop on Developing NIH Proposals, Workshop at University of Georgia, Fall 2013  
*Selected Participant*, Research Grant Development Awards, Summer long workshop by Social and Behavioral Sciences Research Institute, University of Arizona, Summer 2011

### Teaching

*Enrolled Participant*, Promoting Body Trust® in Your Work (8-week training), The Center for Body Trust, <https://centerforbodytrust.com>, Spring 2022

- Enrolled Participant*, Best Practices for Mentoring Graduate Students, University of Georgia Graduate School (Tracy C. Davis Director, Excellence in Mentoring Initiative Northwestern University), Spring 2017
- Invited Participant*, Academic Affairs Faculty Symposium: Transforming Graduate Education at the University of Georgia, University of Georgia, Spring 2015
- Selected Fellow*, Teaching Academy Fellows Program, University of Georgia, 2014-2015

#### Administration and Service

- Invited Participant*, Academic Affairs Faculty Symposium: Transforming Graduate Education at the University of Georgia, sponsored by the President's Office and the UGA Teaching Academy, University of Georgia, Spring 2015
- Enrolled Participant*, Critical Conversations: Communicating Up, Down, and Sideways, GovLoop – Continuing Professional Education Credit, May 2015

### SCHOLARLY ACTIVITIES

#### *Areas of Research*

Interpersonal Communication, Health Communication, Family Communication, Relational Communication, Mental Health, Body Image

#### *Publications*

##### Chapters in Books (\*Competitively Blind Peer-Reviewed):

- Burke, T. J., **Arroyo, A.**, & Young, V. J. (forthcoming). Weight-related communication: Helpful, hurtful, and unavoidable. In A. Goodboy & K. Shultz (Eds.), *Introduction to communication studies: Translating communication scholarship into meaningful practice*. Dubuque, IA: Kendall Hunt.
- Arroyo, A.**, Young, V. J., & Burke, T. J. (2022). Ideal body wishes for the soon-to-be Mrs.: Communicating resistance and acceptance of everyday body talk. In D. Braithwaite, J. Child, K. Rossetto, & J. Wood (Eds.), *Casing interpersonal communication: Case studies in personal and social relationships*. Dubuque, IA: Kendall Hunt.
- Arroyo, A.**, & Andersen, K. (2018). Weight and weightism. In H. Giles & J. Harwood (Eds.), *Encyclopedia of intergroup communication*. New York: Oxford University Press.
- Segrin, C., & **Arroyo, A.** (2016). Dark side of family communication. In L. Olson & M. Fine (Eds.), *The darker side of family communication: The harmful, the morally suspect, and the socially inappropriate* (pp. 3-26). New York: Peter Lang.
- \***Arroyo, A.**, & Harwood, J. (2014). Theorizing fat talk: Intrapersonal, interpersonal, and intergroup communication about groups. In E. L. Cohen (Ed.), *Communication Yearbook*, 38 (pp. 175-206). New York: Routledge.

##### Peer-Reviewed Journal Articles

- Arroyo, A.**, Richardson, E. W., Hargrove, C. M., & Futris, T. G. (2023). Foster caregivers' depressive symptoms and parenting stress: Applying the theory of resilience and relational load. *Family Relations*.
- Curran, T., **Arroyo, A.**, & Fabbriatore, J. (2023). Family communication patterns and racial microaggressions among White adult children. *Journal of Family Communication*.
- Curran, T., **Arroyo, A.**, Fabbriatore, J., & Jiao, J. (2023). The associations between white privilege critical consciousness, racial attitudes, and intergroup anxiety among parents and adult children in White families. *Communication Monographs*.

- Arroyo, A.,** Stillion Southard, B. A., & Martz, D. (2022). Feminist embodiment, body talk, and body image among mothers and daughters. *Body Image, 41*, 354-366. <https://doi.org/10.1016/j.bodyim.2022.04.005>
- Arroyo, A.,** Curran, T., & Ruppel, E. K. (2022). Direct and indirect associations among self-disclosure skills, social support, and psychosocial outcomes during the transition to college. *Journal of Social and Personal Relationships, 39*(3), 505–525. <https://doi.org/10.1177/02654075211036741>
- Arroyo, A.,** Woszidlo, A., & Janovec, A. (2020). Voice as a mediator of mothers' and daughters' feminist attitudes and psychological outcomes: An application of silencing the self theory and social cognitive theory of gender development and differentiation. *Communication Monographs*. <https://doi.org/10.1080/03637751.2020.1758949>
- Arroyo, A.,** Stillion Southard, B. A., Cohen, H., & Caban, S. (2020). Maternal communication strategies that promote daughters' body image. *Communication Research*. doi:10.1177/0093650218781737
- Arroyo, A.,** & Burke, T. J., & Young, V. J. (2019). Promoting positive body image in close relationships: An application of confirmation, self-determination, social control, and social support. *Journal of Social and Personal Relationships*. doi:10.1177/0265407519886066
- Arroyo, A.,** Segrin, C., & Andersen, K. K. (2018). Examining the role of expressed emotion in the intergenerational transmission of mental health problems. *Journal of Social and Clinical Psychology, 37*, 812-834. doi:10.1521/jscp.2018.37.10.812
- Curran, T. M., & **Arroyo, A.** (2018). Emulating parental levels of taking conflict personally: Associations with behavioral and mental health outcomes in adult children. *Journal of Family Communication, 18*, 171-184. doi:10.1080/15267431.2018.1450254
- Arroyo, A.,** Segrin, C., & Andersen, K. K. (2017). Intergenerational transmission of disordered eating attitudes: Direct and indirect maternal influence strategies among grandmothers, mothers, and daughters. *Body Image: An International Journal of Research, 20*, 107–115. doi: 10.1016/j.bodyim.2017.01.001
- Arroyo, A.,** Segrin, C., Harwood, J., & Bonito, J. A. (2017). Co-rumination of fat talk and weight control practices: An application of confirmation theory. *Health Communication, 32*, 438-450. doi: 10.1080/10410236.2016.1140263
- Arroyo, A.,** & Brunner, S. (2016). Negative body talk as an outcome of friends' fitness posts on social networking sites: Body surveillance and social comparison as potential moderators. *Journal of Applied Communication Research, 44*, 216-235. doi:10.1080/00909882.2016.1192293
- Arroyo, A.,** & Andersen, K. K. (2016). Appearance-related communication and body image outcomes: Fat talk and old talk among mothers and daughters. *Journal of Family Communication, 16*, 95-110. doi:10.1080/15267431.2016.1144604
- Arroyo, A.,** Segrin, C., & Curran, T. M. (2016). Maternal care and control as mediators in the relationship between mothers' and adult children's psychosocial well-being. *Journal of Family Communication, 16*, 216-228. doi:10.1080/15267431.2016.1170684
- Arroyo, A.,** & Andersen, K. K. (2016). The relationship between mother-daughter self-objectification: Identifying direct, indirect, and conditional direct effects. *Sex Roles, 76*, 231-241. doi: 10.1007/s11199-015-0554-1
- Arroyo, A.** (2015). Magazine exposure and body dissatisfaction: The mediating roles of thin ideal internalization and fat talk. *Communication Research Reports, 32*, 246-252. doi: 10.1080/08824096.2015.1052905
- Atwell, A., Joyce, N., Harwood, J., & **Arroyo, A.** (2015). Necessary and sufficient conditions for positive intergroup contact: A fuzzy sets qualitative comparative analysis approach to

- understanding intergroup attitudes. *Communication Quarterly*, *63*, 135–155. doi: 10.1080/01463373.2015.1012215
- Wright, P. J., **Arroyo, A.**, & Bae, S. (2015). An experimental analysis of young women's attitude toward the male gaze following exposure to centerfold images of varying explicitness. *Communication Reports*, *28*, 1-11. doi: 10.1080/08934215.2014.915048
- Tang, C., Curran, M. A., & **Arroyo, A.** (2014). Cohabitators' reasons for living together, satisfaction with sacrifice, and relationship quality. *Marriage and Family Review*, *50*, 598–620. doi: 10.1080/01494929.2014.938289
- Arroyo, A.**, Segrin, C., & Harwood, J. (2014). Appearance-related communication mediates the link between self-objectification and health and well-being outcomes. *Human Communication Research*, *40*, 463-482. doi: 10.1111/hcre.12036
- Arroyo, A.** (2014). Connecting theory to fat talk: Body dissatisfaction mediates the relationships between weight discrepancy, upward comparison, body surveillance, and fat talk. *Body Image: An International Journal of Research*, *11*, 303–306. doi: 10.1016/j.bodyim.2014.04.006
- Arroyo, A.**, & Segrin, C. (2013). Family interactions and disordered eating attitudes: The mediating roles of social competence and psychological distress. *Communication Monographs*, *80*, 399-424. doi: 10.1080/03637751.2013.828158
- Wright, P. J., & **Arroyo, A.** (2013). Internet pornography and U.S. women's sexual risk behavior: Results from a national sample. *Mass Communication and Society*, *16*, 617-638. doi: 10.1080/15205436.2012.754045
- Wright, P. J., Randall, A. K., & **Arroyo, A.** (2013). Father-daughter communication about sex moderates the association between exposure to MTV's *16 and Pregnant/Teen Mom* and female students' pregnancy-risk behavior. *Sexuality & Culture*, *17*, 1, 50-66. doi: 10.1007/s12119-012-9137-2
- Arroyo, A.**, Nevarez, N., Segrin, C., & Harwood, J. (2012). The association between parent and adult child shyness, social skills, and perceived family communication environment. *Journal of Family Communication*, *12*, 249-264. doi: 10.1080/15267431.2012.686941
- Arroyo, A.**, & Harwood, J. (2012). Exploring the causes and consequences of engaging in fat talk. *Journal of Applied Communication Research*, *40*, 167-187. doi: 10.1080/00909882.2012.65450
- Segrin, C., Nevarez, N., **Arroyo, A.**, & Harwood, J. (2012). Family of origin environment and adolescent bullying predict young adult loneliness. *Journal of Psychology*, *146*, 119–134. doi: 10.1080/00223980.2011.555791
- Arroyo, A.**, & Segrin, C. (2011). The relationship between self-perceptions and other-perceptions of communication competence and friendship quality. *Communication Studies*, *62*, 547-562. doi: 10.1080/10510974.2011.580037
- Arroyo, A.**, & Harwood, J. (2011). Communication competence mediates the link between shyness and relational quality. *Personality and Individual Differences*, *50*, 264-267. doi: 10.1016/j.paid.2010.09.041
- Harwood, J., Paolini, S., Joyce, N., Rubin, M., & **Arroyo, A.** (2011). Secondary transfer effects from imagined contact: Group similarity affects the generalization gradient. *British Journal of Social Psychology*, *50*, 180-189. doi: 10.1348/014466610X524263

### ***Competitively Selected Convention Papers***

#### International Conventions

- Burke, T. J., Young, V. J., & **Arroyo, A.** (2023). *Positive health promotion in mother-daughter relationships*. International Association for Relationship Research: Phoenix, AZ.

- Arroyo, A.,** Stillion Southard, B. A., & Martz, D. (2022). *Feminist embodiment, body talk, and body image among mothers and daughters*. International Communication Association: Paris, France.
- Arroyo, A.,** Curran, T., & Ruppel, E. K. (2021). *Direct and indirect associations among self-disclosure skills, social support, and psychosocial outcomes during the transition to college*. International Communication Association: Virtual due to COVID-19.
- Arroyo, A.** (2021). *Talking about "health" in close relationships*. Presenter on the spotlight panel titled "Transforming our understanding of interpersonal health communication processes." National Communication Association: Virtual due to COVID-19.
- Smith, S. A., & **Arroyo, A.** (October, 2018). *My parents made me apply: The role of families in the job search process of recent college graduates*. Association for Business Communication's Annual International Conference: Miami, FL.
- Arroyo, A.,** & Andersen, K. (May, 2015). *Appearance-related communication and body image outcomes: Fat talk and old talk among mothers and daughters*. International Communication Association: San Juan, Puerto Rico.
- Gallegos, M., **Arroyo, A.,** & Segrin, C. (May, 2015). *Stress and health: The role of communication with others*. International Communication Association: San Juan, Puerto Rico.
- Arroyo, A.,** & Kline, S. (July, 2008). *The shy person's struggle in seeking social support*. International Association for Relationship Research: Providence, RI.

#### National Conventions

- Arroyo, A.,** Woszidlo, A., & Stillion Southard, B. A. (2023). *Feminist identity, mothering attitudes, and maternal agency: Predicting mother-infant wellbeing outcomes*. National Communication Association: National Harbor, MD.
- Curran, T., **Arroyo, A.,** & Fabbriatore, J. (2022). *Intergenerational transmissions of white privilege attitudes, racism, and anti-racism in White families*. National Communication Association: New Orleans, LA.
- Arroyo, A.,** Woszidlo, A., & Janovec, A. (November, 2019). *The relationships between mothers' and daughters' feminist identity, voice, and psychological outcomes*. National Communication Association: Baltimore, MD. Top Paper in the Family Communication Division.
- Arroyo, A.,** Stillion Southard, B. A., Cohen, H., & Caban, S. (November, 2018). *Maternal communication strategies that promote daughters' body image*. National Communication Association: Salt Lake City, UT. Top Paper in the Health Communication Division.
- Arroyo, A.,** Stillion Southard, & Aughtman, L. (November, 2018). *Mother-daughter consciousness raising discussions and body image*. National Communication Association: Salt Lake City, UT.
- Arroyo, A.** (November, 2018). *Consciousness raising in the context of mother-daughter discussions: From Elizabeth Cady Stanton's "Our Girls" (1980) to today*. Presenter on the spotlight panel titled "Women Civil Rights Leaders Then and Now: A Play on the (White, Affluent, American) Suffrage Narrative." National Communication Association: Salt Lake City, UT.
- Arroyo, A.,** Segrin, C., & Andersen, K. K. (November, 2016). *Intergenerational transmission of disordered eating attitudes: Direct and indirect maternal communication strategies among grandmothers, mothers, and daughters*. National Communication Association: Philadelphia, PA.

- Arroyo, A., & Brunner, S.** (November, 2015). *#Fitspirations and #FatTalk: The moderating roles of body surveillance and social comparison between friends' fitness posts and negative body talk*. National Communication Association: Las Vegas, NV.
- Andersen, K. K., & Arroyo, A.** (November, 2015). *The relationship between mother-daughter self-objectification: Exploring direct, indirect, and conditional direct effects*. National Communication Association: Las Vegas, NV.
- Curran, T. M., & Arroyo, A.** (November, 2015). *Self-objectification, appearance-related communication, and depression among middle-aged women: A mediational pathway*. National Communication Association: Las Vegas, NV.
- Arroyo, A., Segrin, C., Harwood, J., & Bonito, J. A.** (November, 2014). *Co-rumination of fat talk and weight control practices: An application of confirmation theory*. National Communication Association: Chicago, IL. Top Paper in the Health Communication Division.
- Arroyo, A., & Segrin, C.** (November, 2013). *Family interactions and disordered eating attitudes: The mediating roles of social competence and psychological distress*. National Communication Association: Washington D.C.
- Arroyo, A.** (November, 2013). *Magazine exposure and body dissatisfaction: The mediating roles of appearance-related attitudes and fat talk*. National Communication Association: Washington D.C.
- Arroyo, A., & Wright, P. J.** (November, 2013). *Young women's evaluation of female media models and subsequent self-evaluations*. National Communication Association: Washington D.C.
- Arroyo, A. & Harwood, J.** (November, 2011). *A longitudinal analysis of the causes and consequences of engaging in fat talk*. National Communication Association: New Orleans, LA.
- Arroyo, A., Nevarez, N., Segrin, C., & Harwood, J.** (November, 2011). *The association between parent and adult child shyness, social skills, and perceived family communication environment*. National Communication Association: New Orleans, LA. Top Four Paper in the Family Communication Division.
- Atwell, A., Joyce, N., Harwood, J., & Arroyo, A.** (November, 2011). *Necessary and sufficient conditions for intergroup contact: A fuzzy sets qualitative comparative analysis approach to understanding intergroup attitudes*. National Communication Association: New Orleans, LA.
- Arroyo, A.** (November, 2010). *The cycle of shyness: Beyond initial interactions*. National Communication Association: San Francisco, CA.

### Regional Conventions

- Dunivan, M., & Arroyo, A.** (February, 2012). *The motivations and consequences of deception in differing relationship stages*. Western States Communication Association: Albuquerque, NM.

### **Other Scholarly Publications**

- Arroyo, A.** (August, 2016). Is "fitspiration" related to negative body talk? *Communication Currents*. [Translated by National Communication Association]  
[https://www.natcom.org/communication-currents/"fitspiration"-related-negative-body-talk](https://www.natcom.org/communication-currents/)
- Arroyo, A.** (December, 2013). Social incompetence and disordered eating attitudes: The role of critical and overinvolved mothers. *Communication Currents*.  
<http://www.natcom.org/CommCurrentsArticle.aspx?id=2438>

**Arroyo, A.** (June, 2012). "I'm so fat!": The negative outcomes of fat talk. *Communication Currents*. <http://www.natcom.org/CommCurrentsArticle.aspx?id=4586>

***Media Reports/Press Releases***

*Feminist embodiment, body talk, and body image among mothers and daughters* (Arroyo et al., 2022)

[UGA Today](#), July 19, 2022

[UGA Today](#), October 11, 2022

*Voice as a mediator of mothers' and daughters' feminist attitudes and psychological outcomes* (Arroyo et al., 2020).

[WUGA](#), November 13, 2020

[UGA Today](#), November 5, 2020

[KU News](#), July 27, 2020

*Family interactions and disordered eating attitudes: The mediating roles of social competence and psychological distress* (Arroyo & Segrin, 2013)

[WebMD Magazine](#), May 2014 Issue

[Longevity Magazine](#), October 2, 2013

[Health.com](#), September 30, 2013

[Health24](#), September 30, 2013

[MSN – Healthy Living](#), September 27, 2013

[U.S. News and World Reports](#), September 27, 2013

[Drugs.com](#), September 27, 2013

[Free Press Journal](#), September 24, 2013

[Yahoo! News](#), September 23, 2013

[Business Standard](#), September 2013

[Science Daily](#), September 18, 2013

[Medical Xpress](#), September 18, 2013

*Exploring the causes and consequences of engaging in fat talk* (Arroyo & Harwood, 2012)

[Fitness Magazine](#), July/August 2012 Issue

[Fox News](#), March 27, 2012

[MSNBC](#), March 26, 2012

[MSN Health and Fitness](#), March 23, 2012

[Yahoo! News](#), March 23, 2012

[Medline Plus](#), March 23, 2012

[Good Morning America](#), March 23, 2012

[U.S. Department of Health and Human Services](#), March 23, 2012

[U.S. News and World Reports](#), March 23, 2012

*Father-daughter communication about sex moderates the association between exposure to MTV's 16 and Pregnant/Teen Mom and female students' pregnancy-risk behavior* (Wright et al., 2012)

[National Clearinghouse on Families and Youth](#), May 13, 2014

[Deseret News](#), May 24, 2012

[Yahoo! News](#), May 22, 2012

[The Atlantic Wire](#), May 22, 2012

[Newswise](#), May 22, 2012

[Live Science](#), May 22, 2012

*General Coverage*

[Parents Magazine](#), September 2021



Grady Newsource, November 2020

Women's Health (Magazine) December 28, 2015

Deseret News, June 10, 2015

*Podcast Speaker*

Health is Love Co., January 2022

The Full Bloom Project: How do I effectively communicate body positivity to my kids?  
April 2019

***Invited National Research Presentations***

*Public Lecture*, Between mothers and daughters: Communication strategies that promote women's body image. Michigan State University – Department of Communication Studies' "Celebrating Excellence in Communication Scholarship" event, March 2023

*Research Colloquium*, Mother-daughter communication and body image outcomes. University of Arizona – Department of Communication, January 2019

*Research Presentation*, Health and well-being outcomes related to interpersonal communication. Kent State University – School of Communication Studies, March 2016

***Invited Local Research Presentations***

*Research Colloquium*, Between mothers and daughters: Communication strategies that promote women's body image. University of Georgia – Food and Nutrition Sciences, September 2022

*Research Colloquium*, Between mothers and daughters: Communication strategies that promote women's body image. University of Georgia – Institute of Women's Studies, February 2022

*Research Colloquium*, Feminist embodiment, body talk, and body image among mothers and daughters. University of Georgia – Department of Communication Studies, February 2022

*Research Colloquium*, Mothers, daughters, and body image. University of Georgia – Department of Communication Studies, October 2017

*Invited Panelist*, Miss Representation Panel for UGA's NEDA Awareness Week, February 2016

*Invited Panelist*, Family and Community as Pathways for Health: Obesity Prevention and Intervention Strategies, University of Georgia – State of the Art Conference, June 2014

***Invited National Teaching Presentations***

*Presenter*, Fat talk. Health Communication Undergraduate Class. Invited Skype lecture by Tricia Burke. Texas State University - Department of Communication Studies, February 2016

*Presenter*, Fat talk. Health Communication Graduate Seminar. Invited Skype lecture by Lynsey Romo. North Carolina University - Department of Communication, February 2016

***Invited Local Teaching Presentations***

*Presenter*, Communicating resistance and acceptance of everyday body talk. Guest lecture by Emma Liang, University of Georgia – First Year Odyssey – Nutrition Sciences, October 2022

*Presenter*, What is fat talk? Guest lecture by Emma Liang, University of Georgia – Graduate Seminar – Nutrition Sciences, August 2022

*Presenter*, What is fat talk? Guest lecture by Emma Liang, University of Georgia – First Year Odyssey – Nutrition Sciences, October 2021

*Presenter*, What is fat talk? Guest lecture by Emma Liang, University of Georgia – First Year Odyssey – Nutrition Sciences, April 2021

*Presenter*, Bridges to Doctorate Program, Graduate School, October 2018

## **RESIDENT INSTRUCTION**

### ***Courses of Instruction***

#### **Graduate Courses Taught**

COMM 4420/6420: Communication and Body Image  
COMM 8011: Seminar in Interpersonal Communication Education  
COMM 8500: Seminar in Interpersonal Communication Theory  
COMM 8550: Family Communication Seminar  
COMM 8700: Social Scientific Research Methods in Communication Studies

#### **Undergraduate Courses Taught**

COMM 1500: Introduction to Interpersonal Communication  
COMM 1500LL: Introduction to Interpersonal Communication (Large Lecture)  
COMM 2550H: Interpersonal Communication (Honors)  
COMM 3700: Empirical Research Methods in Communication  
COMM 4500: Communicating in Close Relationships

### ***Advising and Supervision of Student Research***

#### **Major Advisor**

##### *Ph.D.:*

Jessica Fabbriatore, in progress  
Selena Pang, in progress  
Elle Johnson, in progress  
Andre Fedd (2023)  
Kristin Andersen (2022)

##### *M.A.:*

Rebecca Hughs, in progress  
Samantha Ritchy, in progress  
Sydney Luff, in progress  
Lauren Cojulun (2022)  
Madison Speece (2022)  
Natalie Doss (2021)  
Tumininu Awonga (2020)  
LaQuae Aughtman (2019)  
Sarah Caban (2018)

#### **Committee Member**

##### *Ph.D.:*

Rhoda Olaleye – Grady (2023)  
Volha Murashka (2022)  
Soela Kim (2021)  
Anastacia Janovec (2021)  
Taewook Ham (withdrew)  
Heather Cohen (withdrew)  
Mengfei Guan (2018)  
Valerie Coles (2017)  
Timothy Curran (2017)

*M.A.*

Hannah Smith (2022)  
Aarum Youn-Heil (2020)  
Emilie Ellis – FDHS (2020)  
Elle Johnson (2020)  
Katie Scott (2019)  
Juhyung Sun (2019)  
Anastacia Janovec (2017)  
Debra Gerrits (2017)  
Kristin Anderson (2014)

Research Practicums

*Graduate Students*

Allison Worsdale, Fall 2021  
Natalie Doss, Fall 2020  
Selena Pang, Fall 2020  
Elle Johnson, Fall 2019  
Katie Scott, Spring 2019  
Tumininu Awonga, Spring 2019  
Anastacia Janovic, Spring 2019  
LaQuae Aughtman, Spring 2018  
Heather Cohen, Spring 2017  
Sarah Caban, Spring 2017  
Mengfei Guan, Spring 2016  
Timothy Curran, Spring 2015  
Kristin Andersen, Fall 2013, Fall 2014

*Undergraduate Students*

Ayanna Grant, Spring 2020  
Natalie Doss, Spring 2019  
Jonas Taylor, Spring 2018  
Justin Lee, Spring 2018  
Katherine Marshall, Fall 2017, Spring 2018  
Sarah Caban, Spring 2016  
Sara Aho, Summer 2014

**SERVICE**

Service to the University and College

*Chair*, Planning and Evaluation Committee, Franklin College Faculty Senate, 2015- 2016  
*Member*, Franklin College Faculty Senate, Department Representative, 2014-2017  
*Member*, Academic Standards Committee, Franklin College Faculty Senate, 2016-2017  
*Member*, Planning and Evaluation Committee, Franklin College Faculty Senate, 2014-2015

Leadership for the Department of Communication

*Chair*, Graduate Committee, Fall 2023-Present  
*Chair*, 3<sup>rd</sup> Year Review Committee, Spring 2023  
*Chair*, 3<sup>rd</sup> Year Review Committee, Spring 2022  
*Member*, Executive Committee, Fall 2017-Spring 2021; Spring 2022  
*Basic Course Director* – Comm 1500, Fall 2018-Spring 2020; Fall 2021-Spring 2022  
*Member*, Executive Committee, Fall 2017-Spring 2021; Spring 2022-Present

*Chair*, Research Lab Proposal Committee, Spring 2021

*Chair*, Limited Term Instructor Search in Interpersonal Communication, Spring 2019

Service to the Department of Communication Studies

*Committee Member*

Limited-Term Lecturer Search Committee, Spring 2022

Merit Document Committee, Spring 2021-Fall 2021

Search Committee, Assistant Professor in Interpersonal and Interracial Communication, Fall 2021

Graduate Committee, Fall 2018-2020

Search Committee, Assistant Professor in Interpersonal and Health Communication, Fall 2019

Science and Health Certificate Committee, Spring 2017

Undergraduate Curriculum Committee, Fall 2015

Post Tenure Review Committee – Samp, Spring 2020

*Faculty Mentorship*

Dr. Terui, Assistant Professor, 2023-Present

Dr. Minniear, Assistant Professor, 2020-Present

Dr. Schaller, Lecturer, 2013-2014

Dr. White, Lecturer, 2018, 2019

Service to the Discipline/Profession

*Invited External Reviewer*, Tenure and Promotion, Fall 2022

*Member*, Dissertation Awards Committee, National Communication Association, Family Communication Division, 2021

*Member*, Awards Committee, National Communication Association, Family Communication Division, 2020

*Paper Reviewer*, National Communication Association, Interpersonal Communication Division, 2019

*Paper Reviewer*, National Communication Association, Health Communication Division, 2014

*Blind Peer Reviewer*

Body Image, FA12, FA13, SU15, FA15, SP17, FA17, FA18, FA18, SP19, SP20, SP21, SU21

Canadian Journal of Behavioral Research, FA11, SP12

Communication Monographs, FA18, SP19, FA21

Communication Quarterly, SP17, FA18, FA21

Communication Research, SU15

Computers in Human Behavior, SP19

Family Process, FA19

Health Communication, SP15, SP19, SP21

International Communication Association, FA21

Journal of Family Communication, SP11, FA14, SP21, SU21, SP22, SP23

Journal of Family Issues, FA13

Journal of Family Psychology, FA11

Journal of Health Psychology, FA14, FA18

Journal of Social and Personal Relationships, SU15, FA18, FA20, SP21, SU21, SP22, FA22, FA22, FA22, SP23

National Communication Association, Health Communication Division, SP14

National Communication Association, Interpersonal Communication Division, SP19, SP21

Personal Relationships, FA21, SP22, SU22, FA22  
Sex Roles, SU19  
Southern Communication Journal, FA17  
Women's Studies International Forum, SP18, SU18

Service to the Community

*Peer Mentor* to New Parents during the perinatal period, Athens Parent Wellbeing, January 2023-  
Present

*Invited Panelist*, Hispanic Leadership Panel, Hispanic Employee Research Group - BAT Services  
Company, November 18, 2020

*Academic Research Consultant*, Naked Truth – a body image promotion program, Athens, GA,  
2018-2019

*Media Reports/Press Coverage* (previously reported)

**PROFESSIONAL ASSOCIATIONS**

*National Communication Association*, since 2010

*International Communication Association*, since 2012

*International Association of Relationship Research*, since 2012