

## **ANALISA ARROYO**

University of Georgia | Department of Communication Studies  
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### **ACADEMIC HISTORY**

#### **Education**

Ph.D., Communication, *University of Arizona*, 2013  
M.A., Communication, *University of Arizona*, 2010  
B.A., Communication and Sociology, *The Ohio State University*, 2008

#### **Academic Positions**

*University of Georgia*  
Associate Professor, Department of Communication Studies, 2019-Present  
Assistant Professor, Department of Communication Studies, 2013-2019  
*University of Arizona*  
Teaching Assistant/Associate, Department of Communication, 2008-2013  
Undergraduate Internship Coordinator, Department of Communication, 2012-2013

#### **Affiliations**

*Institute for Women's Studies*, University of Georgia  
*Owens Institute for Behavioral Research*, University of Georgia

### **RESIDENT INSTRUCTION**

#### **Courses of Instruction**

COMM 1500: Introduction to Interpersonal Communication  
COMM 2550H: Interpersonal Communication (Honors)  
COMM 3700: Empirical Research Methods in Communication  
COMM 4500: Advanced Interpersonal Communication  
COMM 4900/4420/6420: Communication and Body Image  
COMM 8500: Interpersonal Communication Theory  
COMM 8550: Family Communication Seminar  
COMM 8700: Social Scientific Research Methods in Communication Studies

#### **Workshops and Contributions to Instruction**

*Mid-semester Formative Evaluation (Comm 3700)*, Center for Teaching and Learning –  
University of Georgia, Fall 2015  
*Critical Conversations: Communicating Up, Down, and Sideways*, GovLoop – Continuing  
Professional Education Credit, May 2015  
*Academic Affairs Faculty Symposium: Transforming Graduate Education at the University of  
Georgia*, Invited Participant, University of Georgia, Spring 2015  
*Teaching Academy Fellows Program*, Selected Fellow, University of Georgia, 2014-2015  
Participated in the following workshops:  
“Myths of Teaching,” September 17, 2014  
“Radical Change in Teaching,” January 15, 2015  
“Counseling Services at UGA,” February 17, 2015

“Student Code of Conduct,” April 23, 2015  
*Certificate in College Teaching*, Office of Instruction and Assessment, University of Arizona,  
 2012

## **SCHOLARLY ACTIVITIES**

### **A. Publications**

#### **Chapters in Books (\*Competitively Reviewed):**

- Arroyo, A., Young, V. J., & Burke, T. J. (forthcoming). Ideal body wishes for the soon-to-be Mrs.: Communicating resistance and acceptance of everyday body talk. In D. Braithwaite, J. Child, K. Rossetto, & J. Wood (Eds.), *Casing interpersonal communication: Case studies in personal and social relationships*. Dubuque, IA: Kendall Hunt.
- Arroyo, A., & Andersen, K. (2018). Weight and weightism. In H. Giles & J. Harwood (Eds.), *Encyclopedia of intergroup communication*. New York: Oxford University Press.
- Segrin, C., & Arroyo, A. (2016). Dark side of family communication. In L. Olson & M. Fine (Eds.), *The darker side of family communication: The harmful, the morally suspect, and the socially inappropriate* (pp. 3-26). New York: Peter Lang.
- \*Arroyo, A., & Harwood, J. (2014). Theorizing fat talk: Intrapersonal, interpersonal, and intergroup communication about groups. In E. L. Cohen (Ed.), *Communication Yearbook*, 38 (pp. 175-206). New York: Routledge.

#### **Journal Articles:**

- Arroyo, A., Curran, T., & Ruppel, E. K. (2021). Direct and indirect associations among self-disclosure skills, social support, and psychosocial outcomes during the transition to college. *Journal of Social and Personal Relationships*.  
<https://doi.org/10.1177/02654075211036741>
- Arroyo, A., Woszidlo, A., & Janovec, A. (2020). Voice as a mediator of mothers' and daughters' feminist attitudes and psychological outcomes: An application of silencing the self theory and social cognitive theory of gender development and differentiation. *Communication Monographs*, 87, 506-526.  
 doi:10.1080/03637751.2020.1758949
- Arroyo, A., Stillion Southard, B. A., Cohen, H., & Caban, S. (2020). Maternal communication strategies that promote daughters' body image. *Communication Research*, 47, 402-427. doi:10.1177/0093650218781737
- Arroyo, A., & Burke, T. J., & Young, V. J. (2019). Promoting positive body image in close relationships: An application of confirmation, self-determination, social control, and social support. *Journal of Social and Personal Relationships*, 37, 1030-1050. doi:10.1177/0265407519886066
- Arroyo, A., Segrin, C., & Andersen, K. K. (2018). Examining the role of expressed emotion in the intergenerational transmission of mental health problems. *Journal of Social and Clinical Psychology*, 37, 812-834. doi:10.1521/jscp.2018.37.10.812
- Curran, T. M., & Arroyo, A. (2018). Emulating parental levels of taking conflict personally: Associations with behavioral and mental health outcomes in adult children. *Journal of Family Communication*, 18, 171-184.  
 doi:10.1080/15267431.2018.1450254
- Arroyo, A., Segrin, C., & Andersen, K. K. (2017). Intergenerational transmission of disordered eating attitudes: Direct and indirect maternal influence strategies

- among grandmothers, mothers, and daughters. *Body Image: An International Journal of Research*, 20, 107–115. doi: 10.1016/j.bodyim.2017.01.001
- Arroyo, A., Segrin, C., Harwood, J., & Bonito, J. A. (2017). Co-rumination of fat talk and weight control practices: An application of confirmation theory. *Health Communication*, 32, 438-450. doi: 10.1080/10410236.2016.1140263
- Arroyo, A., & Brunner, S. (2016). Negative body talk as an outcome of friends' fitness posts on social networking sites: Body surveillance and social comparison as potential moderators. *Journal of Applied Communication Research*, 44, 216-235. doi:10.1080/00909882.2016.1192293
- Arroyo, A., & Andersen, K. K. (2016). Appearance-related communication and body image outcomes: Fat talk and old talk among mothers and daughters. *Journal of Family Communication*, 16, 95-110. doi:10.1080/15267431.2016.1144604
- Arroyo, A., Segrin, C., & Curran, T. M. (2016). Maternal care and control as mediators in the relationship between mothers' and adult children's psychosocial well-being. *Journal of Family Communication*, 16, 216-228. doi:10.1080/15267431.2016.1170684
- Arroyo, A., & Andersen, K. K. (2016). The relationship between mother-daughter self-objectification: Identifying direct, indirect, and conditional direct effects. *Sex Roles*, 76, 231-241. doi: 10.1007/s11199-015-0554-1
- Arroyo, A. (2015). Magazine exposure and body dissatisfaction: The mediating roles of thin ideal internalization and fat talk. *Communication Research Reports*, 32, 246-252. doi: 10.1080/08824096.2015.1052905
- Atwell, A., Joyce, N., Harwood, J., & Arroyo, A. (2015). Necessary and sufficient conditions for positive intergroup contact: A fuzzy sets qualitative comparative analysis approach to understanding intergroup attitudes. *Communication Quarterly*, 63, 135–155. doi: 10.1080/01463373.2015.1012215
- Wright, P. J., Arroyo, A., & Bae, S. (2015). An experimental analysis of young women's attitude toward the male gaze following exposure to centerfold images of varying explicitness. *Communication Reports*, 28, 1-11. doi: 10.1080/08934215.2014.915048
- Tang, C., Curran, M. A., & Arroyo, A. (2014). Cohabitors' reasons for living together, satisfaction with sacrifice, and relationship quality. *Marriage and Family Review*, 50, 598–620. doi: 10.1080/01494929.2014.938289
- Arroyo, A., Segrin, C., & Harwood, J. (2014). Appearance-related communication mediates the link between self-objectification and health and well-being outcomes. *Human Communication Research*, 40, 463-482. doi: 10.1111/hcre.12036
- Arroyo, A. (2014). Connecting theory to fat talk: Body dissatisfaction mediates the relationships between weight discrepancy, upward comparison, body surveillance, and fat talk. *Body Image: An International Journal of Research*, 11, 303–306. doi: 10.1016/j.bodyim.2014.04.006
- Arroyo, A., & Segrin, C. (2013). Family interactions and disordered eating attitudes: The mediating roles of social competence and psychological distress. *Communication Monographs*, 80, 399-424. doi: 10.1080/03637751.2013.828158
- Wright, P. J., & Arroyo, A. (2013). Internet pornography and U.S. women's sexual risk behavior: Results from a national sample. *Mass Communication and Society*, 16, 617-638. doi: 10.1080/15205436.2012.754045

- Wright, P. J., Randall, A. K., & Arroyo, A. (2013). Father-daughter communication about sex moderates the association between exposure to MTV's *16 and Pregnant/Teen Mom* and female students' pregnancy-risk behavior. *Sexuality & Culture, 17*, 1, 50-66. doi: 10.1007/s12119-012-9137-2
- Arroyo, A., Nevarez, N., Segrin, C., & Harwood, J. (2012). The association between parent and adult child shyness, social skills, and perceived family communication environment. *Journal of Family Communication, 12*, 249-264. doi: 10.1080/15267431.2012.686941
- Arroyo, A., & Harwood, J. (2012). Exploring the causes and consequences of engaging in fat talk. *Journal of Applied Communication Research, 40*, 167-187. doi: 10.1080/00909882.2012.65450
- Segrin, C., Nevarez, N., Arroyo, A., & Harwood, J. (2012). Family of origin environment and adolescent bullying predict young adult loneliness. *Journal of Psychology, 146*, 119-134. doi: 10.1080/00223980.2011.555791
- Arroyo, A., & Segrin, C. (2011). The relationship between self-perceptions and other-perceptions of communication competence and friendship quality. *Communication Studies, 62*, 547-562. doi: 10.1080/10510974.2011.580037
- Arroyo, A., & Harwood, J. (2011). Communication competence mediates the link between shyness and relational quality. *Personality and Individual Differences, 50*, 264-267. doi: 10.1016/j.paid.2010.09.041
- Harwood, J., Paolini, S., Joyce, N., Rubin, M., & Arroyo, A. (2011). Secondary transfer effects from imagined contact: Group similarity affects the generalization gradient. *British Journal of Social Psychology, 50*, 180-189. doi: 10.1348/014466610X524263

#### **Invited Presentations/Lectures:**

- Arroyo, A. (October, 2021). *What is fat talk?* Invited guest lecture by Emma Liang, University of Georgia – First Year Odyssey – Nutrition Sciences.
- Arroyo, A. (April, 2021). *What is fat talk?* Invited guest lecture by Emma Liang, University of Georgia – First Year Odyssey – Nutrition Sciences.
- Arroyo, A. (January, 2019). *Mother-daughter communication and body image outcomes.* Research Colloquium: University of Arizona – Department of Communication.
- Arroyo, A. (February, 2016). *Fat talk.* Health Communication Undergraduate Class. Invited Skype lecture by Tricia Burke. Texas State University - Department of Communication Studies.
- Arroyo, A. (October, 2017). *Mothers, daughters, and body image.* Research Colloquium: University of Georgia – Department of Communication Studies.
- Arroyo, A. (February, 2016). *Fat talk.* Health Communication Graduate Seminar. Invited Skype lecture by Lynsey Romo. North Carolina University - Department of Communication.
- Arroyo, A. (March, 2016). *Health and well-being outcomes related to interpersonal communication.* Invited Research Presentation: Kent State University – School of Communication Studies.

#### **Other:**

##### *Invited Translation Articles:*

- Arroyo, A. (August, 2016). Is “fitspiration” related to negative body talk? *Communication Currents*. [Translated by National Communication Association] <https://www.natcom.org/communication-currents/“fitspiration”-related-negative-body-talk>

Arroyo, A. (December, 2013). Social incompetence and disordered eating attitudes: The role of critical and overinvolved mothers. *Communication Currents*.  
<http://www.natcom.org/CommCurrentsArticle.aspx?id=2438>

Arroyo, A. (June, 2012). "I'm so fat!": The negative outcomes of fat talk. *Communication Currents*.  
<http://www.natcom.org/CommCurrentsArticle.aspx?id=4586>

*Media Reports/Press Releases:*

Arroyo, A., Woszidlo, A., & Janovec, A. (2020). Voice as a mediator of mothers' and daughters' feminist attitudes and psychological outcomes: An application of silencing the self theory and social cognitive theory of gender development and differentiation. *Communication Monographs*.

*WUGA*, November 13, 2020

*UGA Today*, November 5, 2020

*KU News*, July 27, 2020

Arroyo, A., & Segrin, C. (2013). Family interactions and disordered eating attitudes: The mediating roles of social competence and psychological distress. *Communication Monographs*, 80, 399-424.

*WebMD Magazine*, May 2014 Issue

*Longevity Magazine*, October 2, 2013

*Health.com*, September 30, 2013

*Health24*, September 30, 2013

*MSN – Healthy Living*, September 27, 2013

*U.S. News and World Reports*, September 27, 2013

*Drugs.com*, September 27, 2013

*Free Press Journal*, September 24, 2013

*Yahoo! News*, September 23, 2013

*Business Standard*, September 2013

*Science Daily*, September 18, 2013

*Medical Xpress*, September 18, 2013

Arroyo, A. & Harwood, J. (2012). Exploring the causes and consequences of engaging in fat talk. *Journal of Applied Communication Research*, 40, 167-187.

*Fitness Magazine*, July/August 2012 Issue

*Fox News*, March 27, 2012

*MSNBC*, March 26, 2012

*MSN Health and Fitness*, March 23, 2012

*Yahoo! News*, March 23, 2012

*Medline Plus*, March 23, 2012

*Good Morning America*, March 23, 2012

*U.S. Department of Health and Human Services*, March 23, 2012

*U.S. News and World Reports*, March 23, 2012

Wright, P. J., Randall, A. K., & Arroyo, A. (2012, online). Father-daughter communication about sex moderates the association between exposure to MTV's *16 and Pregnant/Teen Mom* and female students' pregnancy-risk behavior. *Sexuality & Culture*, 17, 1, 50-66.

*National Clearinghouse on Families and Youth*, May 13, 2014

*Deseret News*, May 24, 2012

*Yahoo! News*, May 22, 2012

*The Atlantic Wire*, May 22, 2012

*Newswise*, May 22, 2012

*Live Science*, May 22, 2012

General Coverage

*Parents Magazine*, September 2021

*Grady Newsource*, November 2020

*Women's Health (Magazine)* December 28, 2015

*Deseret News*, June 10, 2015

Podcast Speaker

*The Full Bloom Project: How do I effectively communicate body positivity to my kids?* Released April 2019

**B. Grants and Fellowships Received**

*Fellow*, Georgia CTSA TEAMS (Clinical and Translational Science Alliance–Translational Education and Mentoring in Science), Fall 2020-Spring 2021

*Departmental Research Grant* (\$1,500), Department of Communication Studies, University of Georgia, 2020

*Departmental Research Grant* (\$1,500), Department of Communication Studies, University of Georgia, 2018

*Departmental Research Grant* (\$1,320), Department of Communication Studies, University of Georgia, 2017

*Summer Research Grants* (\$5,000), Academic Affairs and Provost, University of Georgia, 2014

*Dissertation Award* (\$1,000), Department of Communication, University of Arizona, 2012

*Research Award* (\$1,000), Department of Communication, University of Arizona, 2012

*Research Award* (\$500), Department of Communication, University of Arizona, 2011

**C. Recognitions and Outstanding Achievements**

*Top Paper*, National Communication Association - Family Communication Division, 2019

*Career Center Recognition*, Contribution to Undergraduate Career Development, University of Georgia Career Center, Spring 2019, Fall 2019, Fall 2020

*Top Paper*, National Communication Association - Health Communication Division, 2018

*Faculty Excellence Award*, Presented by Department of Communication Studies' Graduate Students, University of Georgia, 2017

*OIBR Grantsmanship Development Program*, Owens Institute for Behavioral Research, University of Georgia, 2015

*Top Paper*, National Communication Association - Health Communication Division, 2014

*Teaching Academy Fellows Program*, University of Georgia, 2014-2015

*Top Four Paper*, National Communication Association - Family Communication Division, 2011

**D. Areas of Research**

Interpersonal Communication, Health Communication, Family Communication, Relational Communication, Mental Health, Body Image

**E. Supervision of Student Research**

*Graduate Advising – Major Advisor*  
Maddie Speece, M.A.

Lauren Cojulun, M.A.  
 Jessica Fabbriatore, Ph.D.  
 Kristin Andersen Ph.D.  
 Natalie Doss, M.A. (Completed 2021)  
 Tumininu Awonga, M.A. (Completed 2020)  
 LaQuae Aughtman, M.A. (Completed 2019)  
 Sarah Caban, M.A. (Completed 2018)

*Graduate Advising – Committee Member*

Andre Fedd, Ph.D.  
 Hannah Smith, M.A.  
 Rhoda Olaleye, Ph.D.  
 Volha Murashka, Ph.D.  
 Heather Cohen, Ph.D.  
 Elle Johnson, Ph.D.  
 Soela Kim, Ph.D. (Completed 2021)  
 Anastacia Janovec, Ph.D. (Completed 2021)  
 Aarum Youn-Heil, M.A. (Completed 2020)  
 Emilie Ellis (FDHS), Ph.D. 2<sup>nd</sup> Year Project (Completed 2020)  
 Elle Johnson, M.A. (Completed 2020)  
 Katie Scott, M.A. (Completed Fall 2019)  
 Juhung Sun, M.A. (Completed 2019)  
 Mengfei Guan, Ph.D. (Completed 2018)  
 Anastacia Janovec, M.A. (Completed 2017)  
 Debra Gerrits, M.A. (Completed 2017)  
 Valerie Coles, Ph.D. (Completed 2017)  
 Timothy Curran, Ph.D. (Completed 2017)  
 Kristin Anderson, M. A. (Completed 2014)

*Graduate Advising – Research Practicum*

Maddie Speece, Spring 2022  
 Allison Worsdale, Fall 2021  
 Natalie Doss, Fall 2020  
 Selena Pang, Fall 2020  
 Elle Johnson, Fall 2019  
 Katie Scott, Spring 2019  
 Tumininu Awonga, Spring 2019  
 Anastacia Janovic, Spring 2019  
 LaQuae Aughtman, Spring 2018  
 Heather Cohen, Spring 2017  
 Sarah Caban, Spring 2017  
 Mengfei Guan, Spring 2016  
 Timothy Curran, Spring 2015  
 Kristin Andersen, Fall 2013, Fall 2014

*Undergraduate Advising – Directed Study*

Ayanna Grant, Spring 2020  
 Natalie Doss, Spring 2019  
 Jonas Taylor, Spring 2018  
 Justin Lee, Spring 2018  
 Katherine Marshall, Fall 2017, Spring 2018

Sarah Caban, Spring 2016  
Sara Aho, Summer 2014

## F. Editorship

### *Ad hoc Blind Peer Reviewer*

Body Image, Fall 2012, Fall 2013, Summer 2015, Fall 2015, Spring 2017, Fall 2017,  
Fall 2018, Fall 2018, Spring 2019, Spring 2020, Spring 2021, Summer 2021  
Canadian Journal of Behavioral Research, Fall 2011, Spring 2012  
Communication Monographs, Fall 2018, Spring 2019, Fall 2021  
Communication Quarterly, Spring 2017, Fall 2018, Fall 2021  
Communication Research, Summer 2015  
Computers in Human Behavior, Spring 2019  
Family Process, Fall 2019  
Health Communication, Spring 2015, Spring 2019, Spring 2021  
International Communication Association, Fall 2021  
Journal of Family Communication, Spring 2011, Fall 2014, Spring 2021, Summer  
2021  
Journal of Family Issues, Fall 2013  
Journal of Family Psychology, Fall 2011  
Journal of Health Psychology, Fall 2014, Fall 2018  
Journal of Social and Personal Relationships, Summer 2015, Fall 2018, Fall 2020,  
Spring 2021, Summer 2021  
National Communication Association, Health Communication Division, Spring 2014  
National Communication Association, Interpersonal Communication Division,  
Spring 2019, Spring 2021  
Personal Relations, Fall 2021  
Sex Roles, Summer 2019  
Southern Communication Journal, Fall 2017  
Women's Studies International Forum, Spring 2018, Summer 2018

## G. Convention Papers

- Arroyo, A., Curran, T., & Ruppel, E. K. (2021). *Direct and indirect associations among self-disclosure skills, social support, and psychosocial outcomes during the transition to college*. International Communication Association: Virtual due to COVID-19.
- Arroyo, A., Woszidlo, A., & Janovec, A. (November, 2019). *The relationships between mothers' and daughters' feminist identity, voice, and psychological outcomes*. National Communication Association: Baltimore, MD. **Top Paper** in the Family Communication Division.
- Arroyo, A., Stillion Southard, B. A., Cohen, H., & Caban, S. (November, 2018). *Maternal communication strategies that promote daughters' body image*. National Communication Association: Salt Lake City, UT. **Top Paper** in the Health Communication Division.
- Arroyo, A., Stillion Southard, & Aughtman, L. (November, 2018). *Mother-daughter consciousness raising discussions and body image*. National Communication Association: Salt Lake City, UT.
- Smith, S. A., & Arroyo, A. (October, 2018). *My parents made me apply: The role of families in the job search process of recent college graduates*. Association for Business Communication: Miami, FL.



- Arroyo, A., Segrin, C., & Andersen, K. K. (November, 2016). *Intergenerational transmission of disordered eating attitudes: Direct and indirect maternal communication strategies among grandmothers, mothers, and daughters*. National Communication Association: Philadelphia, PA.
- Arroyo, A., & Brunner, S. (November, 2015). *#Fitspirations and #FatTalk: The moderating roles of body surveillance and social comparison between friends' fitness posts and negative body talk*. National Communication Association: Las Vegas, NV.
- Andersen, K. K., & Arroyo, A. (November, 2015). *The relationship between mother-daughter self-objectification: Exploring direct, indirect, and conditional direct effects*. National Communication Association: Las Vegas, NV.
- Curran, T. M., & Arroyo, A. (November, 2015). *Self-objectification, appearance-related communication, and depression among middle-aged women: A mediational pathway*. National Communication Association: Las Vegas, NV.
- Arroyo, A., & Andersen, K. (May, 2015). *Appearance-related communication and body image outcomes: Fat talk and old talk among mothers and daughters*. International Communication Association: San Juan, Puerto Rico.
- Gallegos, M., Arroyo, A., & Segrin, C. (May, 2015). *Stress and health: The role of communication with others*. International Communication Association: San Juan, Puerto Rico.
- Arroyo, A., Segrin, C., Harwood, J., & Bonito, J. A. (November, 2014). *Co-rumination of fat talk and weight control practices: An application of confirmation theory*. National Communication Association: Chicago, IL. **Top Paper** in the Health Communication Division.
- Arroyo, A., & Segrin, C. (November, 2013). *Family interactions and disordered eating attitudes: The mediating roles of social competence and psychological distress*. National Communication Association: Washington D.C.
- Arroyo, A. (November, 2013). *Magazine exposure and body dissatisfaction: The mediating roles of appearance-related attitudes and fat talk*. National Communication Association: Washington D.C.
- Arroyo, A., & Wright, P. J. (November, 2013). *Young women's evaluation of female media models and subsequent self-evaluations*. National Communication Association: Washington D.C.
- Dunivan, M., & Arroyo, A. (February, 2012). *The motivations and consequences of deception in differing relationship stages*. Western States Communication Association: Albuquerque, NM.
- Arroyo, A. & Harwood, J. (November, 2011). *A longitudinal analysis of the causes and consequences of engaging in fat talk*. National Communication Association: New Orleans, LA.
- Arroyo, A., Nevarez, N., Segrin, C., & Harwood, J. (November, 2011). *The association between parent and adult child shyness, social skills, and perceived family communication environment*. National Communication Association: New Orleans, LA. **Top Four Paper** in the Family Communication Division.
- Atwell, A., Joyce, N., Harwood, J., & Arroyo, A. (November, 2011). *Necessary and sufficient conditions for intergroup contact: A fuzzy sets qualitative comparative analysis approach to understanding intergroup attitudes*. National Communication Association: New Orleans, LA.
- Arroyo, A. (November, 2010). *The cycle of shyness: Beyond initial interactions*. National Communication Association: San Francisco, CA.

Arroyo, A., & Kline, S. (July, 2008). *The shy person's struggle in seeking social support*. International Association for Relationship Research: Providence, RI.

#### **H. Continuing Education to Enhance Scholarship**

- The Academic Woman's Writing Roadmap*, Cathy Mazak – Academic Women's Writing Coach, www.cathymazak.com, Summer 2018
- Best Practices for Mentoring Graduate Students*, University of Georgia Graduate School (Tracy C. Davis Director, Excellence in Mentoring Initiative Northwestern University), Spring 2017
- Fixed and Random Factors in Mixed Models: What IS the Difference? Webinar*, The Analysis Factor, Fall 2016
- Principal Component Analysis Webinar*, The Analysis Factor, Fall 2016
- Essentials of Survey Research Methodology*, University of Georgia, Carl Vinson Institute of Government's Survey Research Group, Fall 2016
- Advanced Quantitative Analysis: Multilevel and Growth Curve Modeling*, University of Georgia - Human Development and Family Studies (15 week course, Dr. K.A.S. Wickrama), Fall 2015
- Workshop on Modeling Individual Differences in Behavior (Multiple Regression, Structural Equation Modeling, Multilevel Modeling)*, North Carolina State University – Department of Psychology, Fall 2014
- Multilevel Analysis 101 with SPSS, SAS, and R Workshop*, Owens Institute for Behavioral Research, University of Georgia, Spring 2014
- GrantSMART: Workshop on Developing NIH Proposals*, University of Georgia, Fall 2013
- Social and Behavioral Sciences Research Institute's Summer Research Grant Development Awards*, University of Arizona, Summer 2011

#### **OTHER SERVICES**

*To the Department of Communication Studies*

- Merit Doc Committee Member, Spring 2021-Present
- Research Lab Proposal Committee Chair, Spring 2021-Present
- Faculty Mentor (Mackensie Minniear), Fall 2020-Present
- Search Committee Member, Assistant Professor in Interpersonal and Interracial Communication, Fall 2021
- Co-Associate Head, Fall 2020-Spring 2021
- Executive Committee, Fall 2017-Spring 2021
- Interpersonal and Health Area Chair, Fall 2017-Spring 2021
- Post Tenure Review Committee (Jennifer Samp), Spring 2020
- Basic Course Director – Comm 1500, Fall 2018-Spring 2020
- Graduate Committee, Fall 2018-2020
- Search Committee Member, Assistant Professor in Interpersonal and Health Communication, Fall 2019
- Search Chair, Limited Term Instructor in Interpersonal Communication, Spring 2019
- Science and Health Certificate Committee, Spring 2017
- Franklin College Faculty Senate, Department Representative, 2014-2017
- Undergraduate Curriculum Committee, Member, Fall 2015
- Faculty Mentor, Schaller (2013-2014), White (2018, 2019)

- Resisting the Mistakes the System Encourages Women Academics to Make, Participant in the Department of Communication Studies Women's Luncheon, Spring 2014

*To the University of Georgia*

- Bridges to Doctorate Program, Guest Speaker, Graduate School, October 2018
- Academic Standards Committee, Franklin College Faculty Senate, 2016-2017
- Miss Representation Panel for UGA's NEDA Awareness Week, Panelist, February 2016
- Planning and Evaluation Committee (Chair), Franklin College Faculty Senate, 2015-2016
- Planning and Evaluation Committee, Franklin College Faculty Senate, 2014-2015
- Family and Community as Pathways for Health: Obesity Prevention and Intervention Strategies, Panelist at the State of the Art Conference, June 2014

*To the Discipline*

- Editorial Board, Journal of Social and Personal Relationships, 2021
- Dissertation Awards Committee, National Communication Association, Family Communication Division, 2021
- Awards Committee, National Communication Association, Family Communication Division, 2020
- Editorial Board, Journal of Family Communication, 2021-2023
- Thriving in Graduate School, Brown Bag Guest Speaker, Department of Communication, *University of Arizona*, January 2019
- Paper Reviewer, National Communication Association, Interpersonal Communication Division, 2019
- Paper Reviewer, National Communication Association, Health Communication Division, 2014

*To the Community*

- Hispanic Leadership Panel, *Hispanic Employee Research Group - BAT Services Company*, November 18, 2020
- Academic Research Consultant, *Naked Truth* – a body image promotion program, Athens, GA, 2018-2019
- Media Reports/Press Coverage (previously reported)

## **PROFESSIONAL ASSOCIATIONS**

National Communication Association  
International Communication Association  
International Association of Relationship Research